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## Trinity wins State with 3 titlists

### Seneca finishes 10th at wrestling meet

BY JASON FRAKES • JFRAKES@COURIER-JOURNAL.COM • FEBRUARY 22, 2009

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FRANKFORT, Ky. -- Finally, Richard Brown can exhale.

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The Trinity High School wrestling coach was saddled with the highest of expectations -- state championship or bust -- when he took the job after last season and had to deal with a year full of bull's-eyes, [Internet](#) hype and everything else that goes with the state's No. 1 ranking.

"It's been such an emotional roller-coaster with the expectations on me as a first-year coach," Brown said. "I've shed a couple of tears today. ... It's relief and joy."

Mostly joy after the Shamrocks captured the team title last night at the State Wrestling Championships. An event-record crowd of 4,587 at the Frankfort Convention Center watched Trinity produce three individual state champions and become the first team winner from Louisville since St. Xavier in 2001.

The Shamrocks finished with 222 points, easily outdistancing second-place Union County (182). Ryle was third with 163, followed by Campbell County (141) and Johnson Central (105.5).

Tenth-place Seneca (92.5) was the only other Jefferson County team in the top 10.

Eastern senior Justin Davis was the other Jefferson County champion, taking the individual title at 140 pounds after winning the 135 crown last year. Davis, who was named the meet's Most Outstanding Wrestler, beat Union County's Isaac Thomas 11-5 for the title.

Davis finished with a 21-1 record -- his only loss a disqualification in the regional final -- after missing half the season with a fractured wrist suffered during football season.

"It's just amazing how God works miracles," he said. "With me coming from a fractured wrist and having a cold all State Tournament, it's a blessing."

Trinity was blessed with four wrestlers reaching finals, and three came through with titles.

Freshman John Fahy started the night off right for the Shamrocks, beating Paul Dunbar's Pat Milford on a 15-0 technical fall in the 103-pound final.

Fahy finished with three technical falls and one pin in five State Tournament matches. He entered with five middle-school state championships already on his résumé.



Eastern's Justin Davis won the 140-pound title and the state meet's Most Outstanding Wrestler award.

(By David R. Lutman, Special to The C-J)

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Brad Hitchings of Trinity, above, defeated Will Hogben of Ryle 8-1 in the 171-pound weight class. "(Coach Richard Brown) deserves most of the credit," Hitchings said. "He runs the practices, and he's taught me a lot of what I know. I wouldn't be the wrestler I am without him."

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Trinity's Myron Bradbury, left, defeated Johnson Central's Luke Troxell in the 112-pound weight class. Bradbury had four pins in five matches. "I really wanted to get five," he said. "State champ, though. It's not disappointing."

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